How to Protect Yourself

Keep your documents in a safe place at home, and lock your wallet or purse in a safe place at work.

Limit what you carry with you, when you go out, take only the identification, credit, and debit cards you need.

Opt out of prescreened offers of credit and insurance by mail by calling 1-888-567-8688 or go to www.optoutprescreen.com.

Make sure you know who is getting your personal or financial information. Don't give out personal information on the phone, through the mail or over the Internet unless you've initiated the contact or know who you're dealing with.

Monitor your account statements and immediately report any unusual activity to your financial institution.

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