Throughout the year, *All Hands* tries to showcase the many ways that Sailors around the globe contribute to the well-being of their nation and the stability of whatever theater they are in. You'll find Sailors just about anywhere, supporting maritime security, fostering international cooperation, providing humanitarian assistance, contributing boots on the ground and participating in a huge range of missions both traditional and novel. You'll find evidence of that right here in our annual “Any Day in the Navy” issue, which is intended to highlight the Navy as seen by Navy photographers and others around the world. We here on the staff of *All Hands* can’t be everywhere at once, but they are.

It’s a challenge to take more than 12,000 photos from an entire year and distill them down into a compelling and fair representation of the Navy, but that is what we strive for. We hope that you find in this issue a glimpse of what Sailors bring to the fight every day, all around the world.

**ON THE FRONT COVER**

U.S. Navy search and rescue (SAR) swimmer, AW2 Tim Hawkins assigned to Helicopter Squadron (Light) (HSL) 40, Mayport, Fla., retrieves and evacuates a victim of Hurricane Katrina from a rooftop in New Orleans to an SH-60B *Seahawk* helicopter. The Navy’s involvement in the Hurricane Katrina humanitarian assistance operations was led by the Federal Emergency Management Agency (FEMA), in conjunction with DOD.

Photo by MC3 Jay C. Pugh

**ON THE BACK COVER**

A Member of the U.S. Navy Parachute Team, the “Leap Frogs,” descends over downtown Los Angeles during the 2005 Extreme Games. The Leap Frogs are a 15-man team comprised entirely of U.S. Navy SEAL and Special Warfare Combatant-Craft Crewman (SWCC) personnel. This is the second year the U.S. Navy has been an associate sponsor the X Games.

Photo by MC2 Jayme Pastoric

→ QMSA Samantha Sheetz stands lookout watch on the signal bridge of USS *Enterprise* (CVN 65) during a replenishment at sea to refuel fuel stocks.

Photo by MCSN Marshall James
Sailors from Helicopter Anti-submarine Squadron (HS) 5, drain hydraulic fluid for testing while conducting a post flight inspection aboard USS Dwight D. Eisenhower (CVN 69) during Composite Training Unit Exercise (COMPTUEX).

Photo by MC2 Miguel A. Contreras

Navy Search and Rescue (SAR) Swimmer AW1 Scott Chun assigned to Helicopter Sea Combat Squadron (HSC) 26, Norfolk, calms victims of Hurricane Katrina after rescuing them from a rooftop in downtown New Orleans.

Photo by MC3 Jay C. Pugh
Hospital corpsmen assess the condition of a wounded Marine during a mass casualty drill aboard USS Boxer (LHD 4) off the coast of Southern California.

Photo by MCSN Noel Danseco

Basic Underwater Demolition/Sea, Air and Land (BUDS) students take part in “Log PT.” Teammates work through their second hour of log physical training at the Naval Special Warfare Center in Coronado, Calif.

Photo by MCC Robert Benson

AC3(AW) John Phillips sings the national anthem prior to a Major League Baseball game between the San Diego Padres and Atlanta Braves at PETCO Park, San Diego. The Padres honored Sailors from USS Nimitz (CVN 68) on Armed Forces Appreciation Day.

Photo by MC2 Daniel Lapierre
A Sailor assigned to Strike Fighter Squadron (VFA) 15 leaps into the air to clean the end of a fuel probe on an F/A-18 Hornet aboard USS Theodore Roosevelt (CVN 71). Photo by MCSA Nathan Laird.
MU3 James Randorff, assigned to the Pacific Fleet Rock Band in Pearl Harbor, plays the bass during a concert at the Aloha Festival in Hilo, Hawaii.

Photo by MC3 Ryan C. McGinley

AOAN Charles Lindsay, assigned to Patrol Squadron (VP) 26, Sigonella, Sicily, begins the “stop” signal during recovering operations of a P-3 Orion.

Photo by MC1 John Collins

Photo by Marine Corps Lance Cpl. Mark E. Morrow Jr.

Members of USS Ronald Reagan’s (CVN 76) honor guard salute the cremains of 12 veterans during a burial at sea in the Pacific Ocean.

Photo by MCSN Lawrence J. Davis

Inside Flight Deck Control, ABHAN Kenny Lane (left), monitors audio communications and video cameras to update the position of aircraft on the flight deck aboard USS Enterprise (CVN 65).

Photo by MC3 Marcel A. Barbeau
Flight deck personnel participate in an aircraft fire drill aboard USS Theodore Roosevelt (CVN 71) while underway in the Persian Gulf.

Photo by MC3 Randall Damm

Members of the media film inside a lock out chamber aboard USS Florida (SSGN 728). USS Florida was officially welcomed to her new home in Kings Bay, Ga. USS Florida is the second of four SSBN submarines to be converted to the guided-missile SSGN platform.

Photo by MCC Kevin Elliott

U.S. and Royal Netherlands Navy personnel monitor a Royal Netherlands Navy CB-90 utility craft being lifted on board USS Gunston Hall (LSD 44) while off the West African coast. The CB-90 is from the Royal Netherlands Naval vessel Rotterdam.

Photo by Air Force Master Sgt. Steve Faulisi

CTSN Andrew Barker, (center front) from Navy Information Operations Command, fights for control of the soccer ball from ENS Kate Longley and Executive Officer LCDR Michael Roth, assigned to Naval Pacific Meteorology and Oceanography Center, Yokosuka, Japan. In an effort to improve an overall physically active lifestyle, the two commands have started a "Mini Olympics" against each other, which will be held biannually.

Photo by MC1 Crystal Brooks
As team leader of the at-sea-fire-party, HT3 Robert Holstrom prepares to lead a hose team into a simulated fire during a drill on the hangar bay of USS Enterprise (CVN 65).

Photo by MC3 Marcel A. Barbeau

Sailors attached to ARCO
Auxiliary Repair Floating Drydock Medium Five (ARDM) 5 hydro-blast the side of USS Topeka (SSN 754). The ARCO is the Navy’s last active-duty, Sailor-operated floating dry dock.

Photo by MC3 Joy M. Kirch

Petty Officer Michelle Shepard repairs minor nicks and scratches on the nose cone of an F/A-18F Super Hornet in the hangar bay aboard USS Ronald Reagan (CVN 76). Shepard is assigned to Strike Fighter Squadron (VFA) 22, part Reagan’s embarked Carrier Air Wing (CVW) 14.

Photo by MC3 Aaron Burden

Deck department personnel work together while stowing a mooring line as USS Harry S. Truman (CVN 75) gets underway from Naval Station Norfolk.

Photo by MC3 Eric S. Garst
Seabees assigned to Naval Mobile Construction Battalion (NMCB) 133, tear through a plywood floor as they participate in restoring Hope Haven, a shelter for abused children in Waveland, Miss. The shelter was destroyed last year during Hurricane Katrina.

Photo by MC2 Michael Sandberg

LT Amy Bryer evaluates a panoramic radiograph to check for cavities as part of a Sailor’s annual exam in the Dental Department aboard USS Enterprise (CVN 65).

Photo by MC3 Marcel A. Barbeau

SH3 Steve Lalangan sorts incoming mail inside the post office at Fleet Activities Sasebo, Japan. The post office works daily to ensure service members receive mail in a timely fashion.

Photo by MCSN Stephanie Lynne Johnson

The U.S. Navy High-Speed Vessel (HSV-2) Swift departs the Marathi NATO pier facility, Souda Bay, Crete, following a brief port visit. Swift is assigned to Commander Mine Warfare Command (COMINEWARCOM) Ingleside, Texas, and is operated by two rotating 42-person crews. A Gold crew, based at Little Creek, Va., concentrates on expeditionary missions while a Blue crew from Ingleside, focuses on mine warfare. At 321 feet, Swift has a top speed of almost 50 knots. The catamaran’s aluminum hulls draw only about 11 feet of water, making the ship ideal for missions in shallow coastal regions.

Photo by Mr. Paul Farley
AT2 John Wilkins speaks
with injured Pakistanis aboard an MH-53E Sea Dragon helicopter, assigned to Helicopter Mine Countermeasure Squadron (HM) 15.
Photo by MC2 Timothy Smith

Up on the Rockefeller Building Observation Deck, some of the Radio City Rockettes show LTJG Saul Pavlinsky, assigned to USS Klakring (FFG 42), and GSM3 Martin Griffin assigned USS Nitze (DDG 94) how to perform a high kick from their famous precision dance routine. Sailors in New York City for Fleet Week got a chance to participate in numerous Memorial Day events, remembrances and services.
Photo by MC2 Gabriela Hurtado
Commander, U.S. Fleet Forces Command
ADM John B. Nathman rings the closing bell at the New York Stock Exchange in celebration of the Navy's 230th birthday.

Photo courtesy of the New York Stock Exchange

A Crash and Salvage team member
wearing a proximity suit participates in an aircraft fire drill on the flight deck of USS Theodore Roosevelt (CVN 71).

Photo by MC3 Randall Damm

The Repair Five shoring team expeditiously
erects metal shoring as part of the Damage Control Olympics competition held in the hangar bay of USS Enterprise (CVN 65).

Photo by MC2 Milosz Reterski
AOAN Erica Landry pulls a hose as part of the Damage Control Olympics competition held in the hangar bay of USS Enterprise (CVN 65).
Photo by MC2 Milosz Reterski

A SEAL Qualification Training (SQT) student emerges from San Diego Bay with his Draeger unit, a self contained breathing apparatus that recirculates air to prevent bubbles from rising to the surface. As part of SQT, students must learn to navigate underwater as a combat swimmer.
Photo by MCC Deborah Carson

Members of Helicopter Sea Control Squadron (HSC) 25 work on an MH-60S Seahawk helicopter on the flight deck aboard USS Essex (LHD 2) while underway in the East Java Sea.
Photo by MC1 Michael D. Kennedy
After being advanced to chief at the Pentagon, the 2006 Sailors of the Year (SOY) visited the Navy Museum, Washington, D.C. (From left to right) Reserve SOY HMC David L. Worrell; Chief of Naval Operations Shore SOY HMC Jeromy Cronin; Pacific Fleet SOY AEC Dennis Simpson; and Atlantic Fleet SOY MMC Jordan Rosado.

Photo by MC1 Brien Aho
A Visit, Board, Search and Seizure (VBSS) team, assigned to USS Carter Hall (LSD 50), approaches M.S.V. Al-Kausar, an Indian cargo dhow, to conduct a master consent boarding in the Indian Ocean. There were no indications of piracy, terrorism, or smuggling and the cargo dhow was later cleared for its destination.

Photo by MC2 Michael Sandberg

Sailors stand topside ready to dock as USS Alabama (SSBN 731) arrives at Puget Sound Naval Shipyard Intermediate Maintenance Facility, Bremerton, Wash., at night. Alabama is at the facility for a 27-month overhaul.

Photo by DC3 Christine M. Haselton

Aboard USS Dwight D. Eisenhower (CVN 69) collects samples of Aqueous Film Forming Foam (AFFF) from the flight deck during a test of the AFFF sprinkler system during the ship’s Inspection and Survey (INSURV).

Photo by MC2 Miguel Angel Contreras
CS1(SS) Thompson, assigned to USS Jimmy Carter (SSN 23) is greeted by his daughter and promptly loses his cover upon arriving at his new homeport of Naval Base Kitsap, Bangor, Wash., from Groton, Conn. Jimmy Carter is the 3rd and final submarine of the Seawolf class.

Photo by Wendy Hallmark

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 74, unload plywood from a truck in Muzaffarabad, Pakistan. The United States participated in a multi-national assistance and support effort led by the Pakistani government to bring aid to the victims of the devastating earthquake that struck the region Oct. 8, 2005.

Photo by Air Force Airman 1st Class Barry Loo

The first ship of the newest class of amphibious transport dock ships USS San Antonio (LPD 17) enters New York Harbor during the parade of ships for New York Fleet Week 2006. Fleet Week has been sponsored by New York City since 1984 in celebration of the United States sea services. The annual event also provides an opportunity for citizens of New York City and the surrounding area to meet Sailors and Marines, as well as see the latest capabilities of today's Navy and Marine Corps team. Fleet Week includes military demonstrations and displays, and offers public tours of many of the participating ships.

Photo by MCSN Dennard Vinson
Sailors enjoy walking in Times Square during Fleet Week

Photo by MC2 David P. Coleman

HN Taylor Simpkins removes stitches on a patient’s head as an
Indonesian military member holds a flashlight at Global Rescue Network’s Mobile
Hospital in Jetis, Indonesia. The man suffered lacerations when the ceiling of his home
collapsed during a 6.2 magnitude earthquake near the ancient city of Yogyakarta. U.S.
and Indonesian military members visited the hospital to assist in the overflow of
patients caused by the earthquake.

Photo by Marine Corps Lance Cpl. Warren Peace

Crash and salvage personnel race each other to pass the time
before a countermeasure washdown and scrub exercise on the flight deck of USS
Enterprise (CVN 65).

Photo by MC2 Milosz Reterski
HT2 William Schofer, assigned to Explosive Ordnance Disposal Mobile Unit (EODMU) 6, Det. 10, recovers buried ordnance at the site of an abandoned building in Baghdad, Iraq. The ordnance cache consisted of 340 anti-personnel mines and more than 100 mortars.

Photo by MC1 Bart A. Bauer

A Landing Signal Enlisted (LSE) Sailor prepares a CH-46 Sea Knight helicopter for lift-off on the flight deck aboard USS Tarawa (LHA 1). Tarawa is the flagship for Expeditionary Strike Group (ESG) 1.

Photo by MC3 James Spiker

ET3 Adrian Estrada and ET3 Dustin Felton work aloft on one of the radars aboard USS Tarawa (LHA 1) while at anchor in the Suez Canal.

Photo by MC3 Tony Spiker
BM2 Johnny Gholsby pipes an announcement over the 1MC aboard USS Enterprise (CVN 65).
Photo by MC3 Marcel A. Barbeau

Two F/A-18E Super Hornets fly over Mount Rushmore in the Black Hills of South Dakota during a recent training exercise.
Photo by LT Anthony Dobson

LT Howard Polansky, a Navy dentist, performs an emergency root canal on a military working dog named “Dollar” at the on base veterinary clinic aboard Fleet Activities Sasebo, Japan. Dollar, a three-year-old German Shepherd, was injured during a patrol training session with an arm sleeve earlier.
Photo by MCSN Stephanie Lynne Johnson
A SEAL delivery vehicle (SDV) team fast-ropes from an MH-60S Seahawk helicopter to the topside of USS Toledo (SSN 769) during a recent exercise. The mission of SDV teams includes clandestine insertion of SEALs, ordnance delivery, reconnaissance and the locating and recovery of objects.

Photo by MC3 Davis J. Anderson

A Sailor from Explosive Ordnance Disposal Mobile Unit 6, Det. 16, is hoisted out of the water during an explosive ordnance exercise. The Eisenhower Carrier Strike Group is participating in Composite Training Unit Exercise (COMPTUEX).

Photo by MC2 Miguel A. Contreras

A recruit division commander passes out Navy ball caps to recruits following successful completion of Battle Stations aboard Recruit Training Command, Great Lakes, Ill. In their final week of training, Sailors receive their Navy ball cap to signify their transition from recruits to Sailors.

Photo by MC1 Brandon W. Schulze
A patrol boat assigned to the Naval Coastal Warfare Squadron (NCWRON) 26 patrol in the coastal waters of the Persian Gulf in support of the global war on terrorism and Maritime Security Operations (MSO).

Photo by MC3 Christopher Perez

EO2 Jonathan Fulton, assigned to Naval Mobile Construction Battalion (NMCB) 74 digs a trench for future latrines at the Thuri Park Tent Village, Muzaffarabad, Pakistan, after an earthquake struck the area late last year.

Photo by MC2 Eric S. Powell
About 50 Midshipmen from the U.S. Naval Academy, Annapolis, Md., visit USS Constitution for a morning of mast climbing, cannon handling and history lessons aboard the famed warship. The day served to reinforce the strong relationship the Academy and “Old Ironsides” share. Constitution was a training vessel at the Academy from 1860 to 1882.

Photo by MCSN Nick Lyman

Aviation ordnancemen carefully load ordnance aboard USS Iwo Jima (LHD 7). The ship visited Naval Weapons Station Earle, N.J., to conduct an ammunition onload.

Photo by MCSA Christopher L. Clark
As an ABHAN, George Hamilton's job is to move aircraft in the hangar bay of the nuclear-powered aircraft carrier USS Enterprise (CVN 65). Hamilton joined the Navy three years ago to "get a jump start on life" and he plans on pursuing a degree in criminal justice.

Photo by MC3 Marcel A. Barbeau

MIDN 1/C Sean Blackman, a U.S. Naval Academy gymnast, was recently selected to the 2006 ESPN The Magazine Men's At-Large Academic All-American 3rd-Team in an announcement from the College Sports Information Directors Association.

Photo by Phil Hoffman
HT3 Ryan Rousseau works on a steel bracket for a mounting board in the repair shop aboard USS Ronald Reagan (CVN 76).

Photo by MCSN Christine Singh

An amphibious armored assault vehicle prepares to enter the well deck of the amphibious assault ship USS Iwo Jima (LHD 7) during training in the Atlantic Ocean.

Photo by AN Michael Minkler

Seabees assigned to Naval Mobile Construction Battalion (NMCB) 7 and NMCB 21 smooth out freshly poured concrete that will be used as a generator pad for the U.S. Army at Camp Arifjan, Kuwait.

Photo by MC3 Paul D. Williams
ANY DAY
ETCS Rick Straney (center) assigned to Explosive Ordnance Disposal Mobile Unit (EODMU) 6, Det. 4, shouts orders to members of his team immediately before a fast-rope rapid insertion exercise from an HH-60H Seahawk helicopter.

Photo by MC2 Milosz Reterski
AO3 Yvette Hester stands by while awaiting further instructions during the assault rifle portion of small-arms qualifications aboard USS Harry S. Truman (CVN 75).

Photo by MC2 Floyd T. Grimm

Diane Speranza, a Project Hope volunteer and emergency room nurse assigned to casualty receiving, prepares a boy on his fifth birthday for doctors to tend to his anterior chest wall mass. The boy and his mother arrived by helicopter for a stint aboard USNS Mercy (T-AH 19), so the medical staff can take care of the boy and other families from the city of Jolo, Republic of the Philippines. Mercy is on a five-month humanitarian aid mission to host nations in the Pacific Islands and Southeast Asia.

Photo by MCSA Mike Leporati
BM3 Jason Evans (left) and SN Andrea Hackett perform routine preventative maintenance on boat boom equipment on the fantail aboard the Nimitz-class aircraft carrier USS Ronald Reagan (CVN 76). Reagan and embarked Carrier Air Wing (CVW) 14 were underway in the Pacific Ocean participating in the ship’s initial Composite Unit Training Exercise (COMPTUEX).

Photo by MC3 Kevin S. O’Brien

Seabees assigned to the Naval Mobile Construction Battalion (NMCB) 4 assist Philippine Army Engineers to construct a bonding beam during a reconstruction project at the Tiptipon School House on Sulu Island.

Photo by BU3 Matthew Schumacher
Visit, Board, Search and Seizure (VBSS) team members board USS San Jacinto (CG 56) during a training exercise Persian Gulf.

Photo by MC2 Matthew Bash

OS2 Vanessa Delgado talks on a sound powered telephone while monitoring surface contacts from the SPA-25 radar station in Tactical Operations Plot (TOP) during a general quarters drill aboard USS Ronald Reagan (CVN 76).

Photo by MC3 Kevin S. O’Brien
Air department instructors from Naval Air Station Pensacola, Fla., train a group of students - who just graduated from boot camp - how to properly extinguish a fire at the firefighting training facility aboard the air station. In addition to training new students, the air department also provides refresher training and annual certification training for shipboard crash and salvage teams and civilian firefighters. The state-of-the-art facility is capable of training more than 10,000 personnel in basic and advanced firefighting techniques annually.

Photo by Megan Kohr

Chief petty officer (CPO) selectees run in formation with the Chief Petty Officer's Mess on the flight deck aboard USS Kitty Hawk (CV 63). CPO selectees across the Navy will endure physical training and personalized instruction from their future "CPO Mess." The CPO community will help the new selectees build teamwork and prepare them for future leadership roles after they finish earning their fouled anchors with a pinning ceremony.

Photo by MCC Todd Cichonowicz
AN Eric Enriquez finds a quiet moment as he prepares to man the rails and get underway aboard USS Ronald Reagan (CVN 76).

Photo by MCSN Kathleen Gorby

ABE3 Shantell Robinson monitors arresting gear pressure gauges aboard USS Kitty Hawk (CV 63). Kitty Hawk’s arresting gears control the recovery of aircraft landing on the flight deck, bringing them to a halt within 120 feet.

Photo by MCSN Benjamin Dennis
**MM3 Tybalt Ridgard and AS2 Marvin Neu render salutes in honor of 12 veterans laid to rest during a burial at sea aboard USS Ronald Reagan (CVN 76).**

Photo by MCSN Airman Kathleen Gorby

**BMSN Whitney Clark directs a Landing Craft, Air Cushion (LCAQ) into the well deck of the amphibious assault ship USS Iwo Jima (LHD 7) off the Gulf Coast as part of the Hurricane Katrina relief effort.**

Photo by MC3 Christian Knoell