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Captain's Call

Handbook Now Available: Guidelines for Emergency Preparedness

Naval service family members may now obtain a handbook to prepare for a variety of natural or man-made disasters.

This handbook, entitled "Are You Ready? Guidelines for Navy Family Emergency Preparedness" is being published and distributed by Naval Services Family Line.



This handbook was compiled to offer family members an enhanced, printed version of the Operation Prepare program. Vital information is included to ensure families are prepared as their own first responders. The key elements of this self-preparedness include creating a family emergency plan, completing emergency contact cards and compiling an emergency supplies kit.

The handbook also includes critical information on actions to take immediately following a disaster. Resource charts with Web sites and telephone numbers offer guidance to family members during the difficult aftermath of a disaster.

To get a copy of the handbook for your family or family members within your command, visit www.lifelines.navy.mil/FamilyLine, or e-mail Family Line at nsfamline@aol.com. You can also call Family Line at 1-877-673-7773.