



## **Captain's Call Kit**

### Healthwatch: Leukemia and Lymphoma Awareness

NNS030926-20

Leukemia and lymphoma are two blood-related cancers. Leukemia originates in the bone marrow and lymphoma in the lymphatic tissue. Both interfere with the body's ability to create healthy blood cells.

Some of the symptoms common for leukemia include fever, chills, flu-like symptoms, weakness, frequent infections, and loss of appetite and weight loss, according to the National Cancer Institute.

Lymphoma symptoms include lack of energy, general fatigue, weight loss, night sweats, itching and lower back pain, according to the Lymphoma Information Network.

Treatment options include chemotherapy, radiation therapy and bone marrow transplantation. Chemotherapy involves using drugs to kill cancer cells, while radiation therapy uses high-energy rays to damage cancer cells and stop them from growing. Bone marrow transplantation involves eliminating the cancer-producing bone marrow using high doses of drugs and radiation and transplanting healthy bone marrow.

For additional information on leukemia and lymphoma, visit [www.nci.nih.gov](http://www.nci.nih.gov), [www.lymphomainfo.net](http://www.lymphomainfo.net) and [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org).

