



The Source for Navy News

*Captain's Call*

## Navy MWR Offers Assistance to Those Heading to Asia

Navy Morale, Welfare and Recreation can now provide Sailors a sneak peek of what foreign lands, such as Japan and other parts of Asia, have to offer through a new series of interactive CD-ROMs.

The CDs contain informative and entertaining videos about quality of life resources. The interactive function allows Sailors and their family members to link directly to Web sites that contain valuable information on travel, culture and other practical topics.

Topics include housing, currency rates and language. Links in the CD-ROM easily direct Sailors to apartment floor plans or convert dollars to yens.

To make shopping and traveling less challenging, the CD translates frequently used phrases from English to Japanese. Phrases range from "thank you" to "where's the restaurant?"

Although the CDs are primarily focused on Japan, they also contain information about Diego Garcia, Guam, Korea and other countries in the region.

To request a copy of Japan and Asia CD-ROM, visit [www.mwr.navy.mil](http://www.mwr.navy.mil).

