



Happy 95th Anniversary!

It's been a busy week in Washington D.C. On Tuesday evening, I was honored to represent MCPON West at the National Guard Youth Foundation's "2010 Challenge Champions Gala". The focus of this program is to provide a second chance for high school dropouts between the ages of 16 and 18.

A few facts ~ each year, 1.3 million students drop out of high school, costing our nation more than \$335 billion in lost wages, revenues and productivity over the student's lifetime, 83 percent of high school drop outs had passing grades before dropping out. Sounds like they need the same mentorship, recognition and continued support we give our Sailors to keep them moving forward. Check out a program in your local are and make a difference!

The OCNR staff is working extremely hard to prepare for next week's 95th Navy Reserve Anniversary celebration. They are excited to host our Sailors, families and employers who will be honored at the 95th Anniversary celebration next Friday. When your Sailor returns, we hope you allow them an opportunity to tell their story at your next All Hands Call or during quarters.

Review the 2010 CPO Induction Guidance and communicate with your Chain of Command early and often. I feel every First Class Petty Officer should be working together within the FCPOA and with your support, preparing to make the transition to Chief.

Latest Updates

COMNAVRESFOR 2009 Shore Sailor of the Year: Please join me in congratulating the CNRF 2009 Shore Sailor of the Year three finalist, YN1(AW) Ryan J. Arnoldussen, NAVREGNWRCC, YN1(SW/AW) Fernando J. Quinones-Perez, NAVREGSERCC, YN1(AW) Amanda K. Turner, COMNAVRESFORCOM! Thank you to all nominees for your service and dedication. You should be proud of your accomplishments and everything that you do for this great country, Navy and Shipmates. BZ!

Navy Reserve 2009 sailor of the Year (RSOY): All nominations should be submitted to COMNAVRESFOR NLT 15 Mar. Review CNRFINST 1700.1L for guidance on package format, <https://www.navyreserve.navy.mil/Pages/default.aspx>. Lets ensue we get these packages submitted in a timely manner and recognize the outstanding achievements of our Sailors.

Verify Medical Readiness Online: Sailors can now review their Individual Medical Readiness (IMR) status online. Medical and dental data from the Medical Readiness Reporting System (MRRS) can be viewed via BUPERS Online (BOL). IMR status determines if a Sailor is medically eligible to deploy.

FY-10 Advanced Education Voucher (AEV) Program: NAVADMIN 053/09 announced the requirements and solicits applications for the FY-10 AEV Program. The Advanced Education Voucher (AEV) program is an important tool that is available to top performing, senior enlisted personnel (E-7 and E-8) and provides unmatched financial assistance for the pursuit of a Bachelors or Masters degree. Deadline For Submission Is 5 March 2010. If you have additional questions, contact Mr. Tom Smith at: thomas.a.smith4@navy.mil or (850)452-7271.

Selected Reserve (SELRES) Reenlistment Bonus NAVADMIN Released: NAVADMIN 012/10 updates the Selective Reenlistment Bonus (SRB) eligibility for designated military skills or units and announces the bonus award levels for enlisted SELRES personnel by rating, NEC and zone. Designed to optimize our warfighting capability by retaining the necessary skills and talents of our Reserve Component Sailors, the changes from FY09 include payment levels determined by both Tiers and Zones, and payment installments and amounts. These changes were made to improve efficiency, and maximize the use of our available resources.



Spouse \$6,000 Tuition Shuts Down: Defense officials have abruptly shut down the My Career Advancement Accounts (MyCAA), a program that gives qualified military spouses up to \$6,000 in tuition assistance to help them pursue portable careers. Officials said the MyCAA shutdown is temporary, but no date has been set for resuming operations. For updates to the program, please visit:
<http://www.militaryonesource.com/MOS/FindInformation/Category/MilitarySpouseCareerAdvancementAccounts.aspx>

Distinguished Sailors Commemorative Stamps: On February 4, 2010, the U.S. Postal Service began to issue a 44-cent, *Distinguished Sailors* commemorative stamp. These stamps commemorate four sailors who served with bravery and distinction during the 20th Century: William S. Sims, Arleigh A. Burke, John McCloy, and Doris Miller. The Postal Service wanted to honor the tradition of excellence that has been a part of the U.S. Navy for 235 years. This month's Block 39 recognized one of these great Sailors, Cook Third Class Doris "Dorie" Miller. For additional information on Doris Miller and to review Block 39, visit:
<http://www.history.navy.mil/photos/pers-us/uspers-m/d-miller.htm>.

Social Security Benefit: If you served on active duty any time from 1957 through 2001, you may qualify for special extra earnings for your military service. These extra earnings credits may help you qualify for Social Security or increase the amount of your Social Security benefit. Although you may not be eligible, you may want to keep this information for future use or share with someone you know that has served in the military during this time frame. For additional information on how to apply for this benefit or if you have questions, visit the Social Security Website at: <http://www.ssa.gov/retire2/military.htm>

IA CMC Volunteers: If you have questions concerning Mobilization Volunteer Opportunities and the Ready Mobilization Pool 2010! Please visit N35's webpage on The Navy Reserve Homeport at <https://private.navyreserve.navy.mil/3447B/n3/Shared%20Documents/N35.aspx> for more information on our VOL process and on RMP 2010. Visiting this link will ensure that you receive the latest guidelines as we update our webpage from time to time. **CAC is required.** Note: Volunteer requests must be sent to CNRFC_MOBVOL@NAVY.MIL and RMP 2010 requests must be sent to cnrfc_readymobpool@navy.mil.

Warrior Games 2010: Wounded servicemen and women will compete in the inaugural Warrior Games May 10-14, 2010, in beautiful Colorado Springs, Colorado, through a joint effort between the U.S. Department of Defense and U.S. Olympic Committee. For additional information, please visit the website at <http://usparalympics.org/pages/8330>.

Around the Force

Naval Special Warfare Group ELEVEN (NSWG-11) Delivering Ready, Responsive and Relevant Forces to the COCOMs: Representing nearly 20 percent of the Naval Special Warfare Total Force, the RC SEAL squads, SWCC crews and Expeditionary Support Elements (ESE) of NSWG-11 have more than 30 percent of their Naval Special Warfare (NSW) forces currently on orders supporting missions around the world. The two RC SEAL Teams currently have 26 mobilized Naval Special Warfare (NSW) Reservists *contributing directly to the fight* in the CENTCOM AOR alone.

Returning Warrior Workshop (RWW) Conducted in Sarasota, Florida: The most recent RWW was conducted 18-20 Feb in Sarasota, Florida with RDML (sel) Jeff Harbeson serving as the guest speaker. Reaching out to 74 Returning Warriors and 55 family members/guests attending the event, workshops included topics on operational stress/PTSD, demobilization process improvement and family readiness and appreciation initiatives. Seven of the returning warriors recently demobilized with a Weapons Intelligence Team in Afghanistan.



Reserve Component Sailors Support the Maneuver Battle Lab at Ft. Benning, Ga:

As part of a Joint Force effort supporting the Army Expeditionary Warrior Experiment (AEWE), the RC Sailors represented the SPAWAR unmanned vehicle lab, *providing on-demand expertise to the battle lab robotics operations.* The Reservists served on active duty helping the integration of technologies from 20 different civilian companies and government agencies for the AEWE.

Operation UNIFIED RESPONSE RC Update: 291 Navy Reservists are on orders providing support to the relief efforts in Haiti. Navy Reserve air assets have flown 127 sorties, totaling more than 900 flight hours and carrying 2,537 passengers and 2.38 million pounds of cargo. *No Navy involuntary mobilizations (units or individual augmentees) have been executed to date, and none are expected as the requirements wind down. The mobilization event for MESH TWO SECDET 821 has been canceled.*

30 DAY OUTLOOK

- * Navy Reserve 95th Anniversary Reenlistment/Recognition Event (5 Mar)
- * National Navy Reserve Policy Board, Norfolk (7-10 Mar)
- * Congressional Testimony (16 Mar)
- * CENTCOM (17-22 Mar)

60 DAY OUTLOOK

- * Millington, TN (26-27 Mar)
- * RSOY Paper Board, Norfolk, VA (4-7 Apr)
- * RFOTS, Norfolk, VA (23-25 Apr)

As of 24 February 2010:			
<u>Operational Support Snapshot</u>		<u>N095 H1N1 Vaccinations</u>	
FY10 Pres Bud End Strength	65,500	Military: 59/59 (100%)	
RC Sailors (FTS/SELRES) Onboard: (Delta + 549)	66,049	<u>RC Medical Readiness</u>	
RC Sailors Performing Operational Support:	19,558	Fully Medically Ready:	76.3%
RC Sailors Mobilized or Deployed:	7,075	Partially Medically Ready:	12.1%
RC CPOs Mobilized or Deployed:	843	Total:	88.4%
RC Flag Officers on Active Duty:	20		
Weekly Savings Using VR Airlift:	\$993K		