



Greetings Shipmates!

As one of multiple CNO's Calls this week was wrapping up, a gentleman from Haiti who had lost family members was eager to tell the Admiral thank you for what the Navy specifically is doing for Haiti.

It was great to hear the CNO highlight the Navy Reserve within his first talking points. He sincerely appreciates the diversity of skills and capabilities that Navy Reserve Sailors provide, not just during disaster relief efforts, but as part of the Total Force. Admiral Routhead specifically acknowledged VADM Debbink and VADM Ferguson for their efforts to ensure that the "Continuum of Service" and "Navy Total Force" concepts become a reality. From the recruiter who is searching for our newest Sailor, to the Sailor in a hostile foreign environment who is fighting to retain our way of life, to the Sailor bringing humanitarian assistance to a disaster site, the CNO recognizes your hard work and dedication.

There are civilians waiting in line to be part of our award winning organization, because you set high standards daily!

As we wrap up another week please allow me echo the CNO's thoughts and to say thank you to each one of you, serving as you do in numerous places around the globe, who continue to make a difference in the world. No matter where you are in your career, please allow me to say thank you for being part of "America's Navy, A Global Force for Good."

Latest Updates

CNO Records Podcast on Total Force Survey: Please take a moment and listen to this Podcast and learn how you can make a difference as we move forward.

<https://navcms.news.navy.mil/navydata/cnoPlay.asp?id=3757> <BR < a > >
<https://navcms.news.navy.mil/navydata/cnoPlay.asp?id=3757%3cbr#_blank>

Navy-wide E7 Exam Waiver for Sailors Deployed in Support of Operation Unified Response - Haiti: NAVADMIN 018/10 announced that all E7 and LDO candidates who are deployed in support of operation unified response, and are eligible for the E7 advancement exam per BUPERSINST 1430.16F, are authorized to be waived from the E7 advancement exam. For additional information and to review the message, visit Navy Personnel Command's website at <http://www.npc.navy.mil/ReferenceLibrary/Messages/>

Expeditionary Screening Checklist: The Expeditionary Screening Checklist (NAVPERS 1300/22) has been updated, effective December 2009. Please make sure your Command IA Coordinators are aware of this revision and that they are currently using it with your perspective IA Sailors. You can find the form on Navy Personnel Commands website at <http://www.npc.navy.mil/ReferenceLibrary/Forms/NAVPERS/>

Navy Uniform Update: NAVADMIN 015/10 announced that all NEX uniform centers will no longer market a 50/50 cotton/polyester blue t-shirt for the NWU uniform as this is not authorized for wear. The Uniform Regulations lists the cotton version as the only authorized material for the NWU blue t-shirt. Unworn t-shirts can be returned to the NEX for a refund or store credit.

95TH Navy Reserve Anniversary Reenlistment Ceremony: To celebrate the Navy Reserve's 95th anniversary there will be a reenlistment ceremony held in Washington DC on



5 March 2010. Those Sailors interested in reenlisting at the ceremony, the following information should be submitted via email to PS1 Lam, Vincent.lam@navy.mil: Name (Last, First Mi), Rate/Rank, SSN, Address, Home Phone, Work Phone, E-Mail, Spouse Name, State, Senator's Names, Congressman's Name And District, FTS or SELRES, Total Years Of Service, Number Of Years Reenlisting, NRA, NRA Address, NRA Phone Number, Unit Assigned, IA/Mobilizations: Tour Date(S) (Mmyy From - Mmyy To), Location(S), Employer Name And Address, Verification from NRA CO That Member Meets Height/Weight Standards. Additional information can be found in the ALNAVRESFOR 019/09.

95th Navy Reserve Anniversary Celebration: On March 5th, 2010, the Chief of Navy Reserve will host the 95th Navy Reserve Anniversary Celebration at the Navy Memorial to showcase the tremendous talent and contributions made by past and present Sailors of the United States Navy Reserve. VADM Debbink would like to recognize a few of our outstanding FTS and SELRES Sailors celebrating one of the following milestones at the Navy Memorial:

- * Officer and Enlisted Awards (Specifically for IA operational support)
- * Enlisted Warfare designation pinning
- * Direct Commissions

Submit nominations for the Navy Memorial event via email to CMDMCM(AW/SW) Rose NLT Monday, 1 February 2009. All nominations must be approved and submitted by the local NRA. Do not nominate Sailors previously recognized. Requests must contain the following information:

- * Full Name
- * Rank/Rate
- * Member's e-mail and phone number
- * Command/Unit assigned
- * Command Point of Contact (name, email, phone)
- * Type of recognition to receive (award, warfare pinning, commission)
- * For awards, submit OPNAV 1650/3 award recommendation and citation

Participants will be selected by a panel chaired by the OCNR Chief of Staff. Master Chief Rose will personally notify selected individuals and their supporting command. Those who were not selected to participate will be contacted via e-mail by Friday, 5 February. ADT/IDT/IDTT is authorized for SELRES participants. Berthing and location information will be provided to members selected via SEPCOR.

Reenlistment Bonus Eligibility for Drilling Selected Reserve Personnel: The latest Reserve enlisted bonus message, NAVADMIN 012/10, has been restructured from previous bonus messages to align with the AC SRB message structure and thereby continues our goal to achieve a Total Force concept.

The message was a combined collaboration of the SELRES Enlisted Community Managers (ECM), Office Chief Navy Reserve (OCNR) staff, and the Commander, Navy Reserve Forces Command (CNRFC) staff. Bonus eligibility contained in this message was determined based on rating, paygrade, NEC, and Length Of Service (LOS) cells that were used to create zones. Previous bonus eligibility did not include zones. Effecting this change will greatly assist the ECM's in management of the enlisted SELRES community, retain our most qualified sailors, meet the AC demand signal, and ultimately enhance our ability to achieve FIT throughout the force.

Noted changes in this message from previous messages are as follows:

1. Bonuses now offered by Zones: A, B and C based on LOS.



2. Members EOS must be in the current Fiscal year to be eligible to reenlist and receive a bonus.
3. Changes from previous award levels (tiers) are annotated. If a rating or specialty (NEC) is no longer eligible on the new message, or if the award level (tier) decreased from the previous message, then a member has 30 days from date of message release to reenlist and receive a bonus based on the previous message.
4. Discontinued lump sum bonuses. We have reverted to the previous means of bonus payments by which one half of the total bonus will be paid as an initial payment and then subsequent equal anniversary payments (based on the number of years member reenlisted) will be paid. Member must maintain satisfactory drill performance each year to receive the anniversary payment.

To check for eligibility and to review the message, visit Navy Personnel Command's website at <http://www.npc.navy.mil/ReferenceLibrary/Messages/>

National Salute to Hospitalized Veterans: Navy Enlisted Reserve Association (NERA) and the Association of the United States Navy (AUSN) need your support as they salute our veterans on the VA's National Salute to Hospitalized Veterans. This is an annual event that occurs at all VA Medical Centers the week of Feb. 7-13, 2010 in conjunction with Valentines Day. This program was established:

- *To pay tribute and express appreciation to hospitalized veterans.
- *To increase community awareness of the role of the medical center.
- *To encourage individuals to visit hospitalized veterans and to become involved as volunteers.

Some suggested ways for participation are through: local schools preparing Valentines cards for delivery to veteran patients; participating in or sponsoring bingo games; becoming volunteer drivers to transport veterans in VA supplied vans; or just visiting with the hospitalized and VA nursing home veterans. We suggest checking the NERA web site at www.nera.org <<http://www.nera.org>> for follow-up information.

The Navy Family Ombudsman Program Facebook Page: This page will provide a venue for Ombudsman, Commanding Officers and Certified Ombudsman Trainers to discuss best practices and exchange ideas. Before requesting access to this group, please ensure you are listed in the Ombudsman Registry, <http://www.ombudsmanregistry.org> <<http://www.ombudsmanregistry.org>>. Ombudsmen cannot register or assign themselves to their command. The Commander/Command Designees, Fleet and Family Support Center (FFSC) Ombudsman Coordinators, and Navy Region Reserve Component Command (RCC) Coordinators have the ability to register and assign ombudsmen. Please contact your command POC for assistance in getting registered.

All Official communication will continue to be distributed via the Ombudsman Registry. We encourage you to join the discussion group on Facebook and participate in the Poll questions and discussions for Ombudsman on the Ombudsman Registry Forum.

To join the US Navy Ombudsman Program Discussion Group, go to <http://www.facebook.com/group.php?gid=242277432495>.

COMNAVRESFOR Shore and Selected Reserve (RSOY) 2009 Sailor of the Year: The announcement for CNRF Shore and RSOY 2009 board message has been released. Begin preparing your packages early. CNRF Shore packages are due to CNRFC Norfolk by 15 February 2010 and RSOY packages are due by 15 March 2010. Review CNRFINST 1700.1L for guidance on package format, <https://www.navyreserve.navy.mil/Pages/default.aspx>. An



email was sent this week soliciting for board members. Ensure that all members interested in participating in either the oral or paper board send the following information to PSC(AW) Ethier, trina.ethier@navy.mil, NLT 16 February 2010: Rank, Lname, Fname, Gender, Ethnicity, Branch Class (AC/RC/SELRES), Email Address and Phone contact info cell/home, and indicate which board you would like to participate.

New Deputy Executive Director for the Yellow Ribbon Program: CMDCM Glenn F. Welling, Jr., who previously served as CMDCM for Maritime Expeditionary Security Squadron 9 in Everett, WA and now assigned to NOSC Cincinnati has accepted a new civilian position with the Assistant Secretary of Defense for Reserve Affairs (OSD/RA) here in the Pentagon. As of January 19th, Mr. Welling is the New Deputy Executive Director for the Yellow Ribbon Program. Welcome aboard Mr. Welling.

The Yellow Ribbon Program (YRP) is a DoD-wide effort to help National Guard and Reserve Service members and their families connect with local resources before, during, and after deployments, especially during the reintegration phase that occurs months after Service members return home. Commanders and leaders play a critical role in assuring that Reserve Service members and their families attend Yellow Ribbon events where they can access information on health care, education/training opportunities, financial, and legal benefits. The DoD works in conjunction with Federal partners, including the Department of Veterans Affairs and the Department of Labor, to provide up-to-date and relevant information to Service members and their loved ones.

The Yellow Ribbon Program originates from the 2008 National Defense Authorization Act. For more information or to locate an event, visit www.yellowribbon.mil

DD-214 ONLINE: The National Personnel Records Center (NPRC) has provided the following website for veterans to gain access to their DD-214s: <http://vetrecs.archives.gov/>. This may be particularly helpful when a veteran needs a copy of their DD-214 for employment purposes. NPRC is working to make it easier for veterans with computers and Internet access to obtain copies of documents from their military files.

Need a Tutor?: The U.S. Department of Defense has announced that, it is paying for unlimited Tutor.com service (private tutoring and Live Homework Help) for all active duty military service members, reservists, National Guard personnel on active duty in a deployed status, and DoD civilians in a deployed status. The program covers all military dependents, including spouses and children. Tutor.com offers college level classes and resume review help as well. Spread the word about this free opportunity!

<<http://www.defense.gov/news/newsarticle.aspx?id=57732>>

<<http://www.tutor.com/press/press-releases-2010/20100126>>

UNITED SERVICES MILITARY APPRENTICESHIP PROGRAM: The United Services Military Apprenticeship Program (USMAP) offers Sailors the opportunity to earn civilian certification for skills learned through documented work experience and related technical instruction obtained in the course of performing their Navy jobs. USMAP is a formal military training program that provides active duty Coast Guard, Marine Corps and Navy service members the opportunity to improve their job skills and to complete their civilian apprenticeship requirements while they are on active duty without having to bear the full weight of the cost. USMAP requires no off-duty hours and can grant up to one half of the required on-the-job training hours for military experience. For more information about USMAP, log on to NKO at www.nko.navy.mil and click on Career Management > Advancement > Certifications and Qualifications > USMAP.



30 DAY OUTLOOK

- * CMDCM Rummel Retirement Ceremony, Norfolk, VA (29 Jan)
- * CNRFC/USFF/RCC Midlant MEDHOLD visit with CNR (29-30 Jan)
- * HSC-84 Change of Command Ceremony, Norfolk, VA (30 Jan)
- * House Reserve Component Caucus Breakfast, Rayburn Bldg (3 Feb)
- * Wounded Warrior Hiring & Support Conference, Alexandria, VA (3 Feb)
- * VAQ 209 Family Day visit, NAF Washington (6 Feb)
- * NDW CO Conference, NAF Washington (6 Feb)

60 DAY OUTLOOK

- * Guest Speaker, MCPOA, Pleasanton, CA, Visit NOSC and VA Center (25-27 Feb)
- * National Navy Reserve Policy Board, Norfolk (3-5 Mar)
- * Navy Reserve 95th Anniversary Reenlistment/Recognition Event (5 Mar)
- * ECRC, Ft Jackson, SC (10-12 Mar)

As of 27 January 2010:			
<u>Operational Support Snapshot</u>		<u>N095 H1N1 Vaccinations</u>	
FY10 Pres Bud End Strength	65,500	Military:	59/59 (100%)
RC Sailors (FTS/SELRES) Onboard: (Delta + 632)	66,132	<u>RC Medical Readiness</u>	
RC Sailors Performing Operational Support:	19,705	Fully Medically Ready:	71.6%
RC Sailors Mobilized or Deployed:	7,148	Partially Medically Ready:	17.4%
RC Flag Officers on Active Duty:	20	Total:	89.0%
Average Weekly Savings Using VR Airlift:	\$929K		

"For the first time, the Chief of Naval Personnel and the Chief of Navy Reserve and I have come together to issue a Total Force Vision for the 21st Century," Admiral Gary Roughead