



### ***Greetings Shipmates!***

*Greetings from San Diego, CA*

*Last Sunday, VADM Debbink, YN1 Byrnes, CMDCM Love, CMDCM Art Rivers (ret) and I—and 30K of our closest running friends—took part in the 26<sup>th</sup> Annual Army 10 Mile run that started and finished at the Pentagon. The Navy was out numbered, but it was nice to see the Blue and Gold Navy colors in the sea of runners. Yes, I pinned a bumper sticker on my back, which led to a lot to great conversations during the run. This was a well run event, on a beautiful day, I can now cross this off my bucket list! Like the Boston marathon, it only takes a matter of hours to registration for this event, so good luck entering next year you can see the culture of fitness is continuing to grow—be a part of the running crowd!*

*Thursday, I visited the dedicated staff of RCC SW MedHold. They are working extremely hard daily to support the administrative and medical requirements of our returning heroes. Later in the afternoon, I visited the RC Sailors that are supporting the Littoral Combat Ship Class Squadron. What a great group of Sailors who are integrated with the AC staff and making a positive difference. I just missed LCS 1 by one day...that would have been a great tour.*

*Later in the evening, I was able to address the SELs and SOY candidates of CFLSW at the 19<sup>th</sup> hole during dinner. We wrapped up the evening with CMDCM(AW/SW) Hutchison who will be retiring in April with 38 years of active and reserve service leading the attendees in the Sailors Creed. We are safe, with this outstanding group of Sailors who are awaiting their turn at the leadership helm. Events wrapped up early Friday morning with the SOY ceremony that announced the FTS and SELRES candidates that will represent CFLSW onboard the USS MIDWAY. I would like to extend a Thank you to Commodore Peterson for allowing me to address his SELs and SOY candidates.*

*I always enjoy the opportunity to engage with the candidates during PT and in the social environment, since every one of the candidates is a winner at this point. You can feel the confidence and see the smiles as they network and support each other through the process.*

*You should have seen the request for nominations for the next Navy Reserve Force Master Chief. We will accept packages until 1December, with selection to follow in January 2011. My current plans are to host the FORCM Continuum here in DC mid-June where I will step aside after my retirement ceremony at the Navy Memorial and allow FORCM 14 the opportunity to take the Navy Reserve to the next level. Seek out those great candidates and have them submit a package.*

### **Latest Updates**

**Continuation Board Notification.** The letter providing the results for those selected for non-continuation will be sent via e-mail to the CO listed in PRIMS using the e-mail address listed in PRIMS.

Per NAVADMIN 180/10, upon notification, provide the appropriate counseling and document completion on the counseling Page 13 which a sample is available at <http://www.npc.navy.mil/Boards/EnlistedContinuation/> along with the operational waiver request and IAMM/GSA/Mob extension letter.

Additionally, notify PERS-833, CDR Doug Rhoads ([james.rhoads@navy.mil](mailto:james.rhoads@navy.mil)) or PSCS Wes Travis ([alfred.travis@navy.mil](mailto:alfred.travis@navy.mil)) via e-mail once notification of non-continuation is made.



**Flu Vaccine.** Based on current "MRRS" data, the Reserve Component surpassed the goal to vaccinate 25% of the Reserve Force by 31 Oct. The Navy's goal is to reach 100% by 31 January 2011. We anticipate that NOSCs will receive 100% of vaccine shipments by the end of the week. November should be a BIG month for inoculations! Please be sure to do your part to make sure you and your Sailors are vaccinated!

**Eval Validation.** 6000+ Evals were rejected after 1 Aug 2010 because of invalid PFA codes. This has direct effects on selection boards. Review NAVADMIN 083/10 **REVISED PERFORMANCE EVALUATION AND ADVANCEMENT POLICY**, 193/10 **CHANGE TO PHYSICAL FITNESS ASSESSMENT DOCUMENTATION ON FITNESS REPORTS**, and 233/10 **PERFORMANCE EVALUATION AND COUNSELING SYSTEM SOFTWARE NAVFIT98A VERSION 28 DEPLOYMENT** for more details. E8/9 validations will be published by mid November. Ensure you review and verify eligibility lists ASAP.

**DOD Pre Separation Counselor Training now Open to Reserve Force Command Career Counselors.** Reserve Component career counselors holding the 9592 NEC are eligible to attend the DoD Pre-separation Counselor Training Course in Denver. All other requirements such as pay grade, time remaining on station, etc. must be met. All nomination requests for those holding the 9592 NEC must be screened and recommended by the NAVRESFOR Force Career Counselor prior to submission to CNIC. ISIC's ensure your counselors send their request to attend the Pre Separation Course to Master Chief Mack prior to sending the Nomination Form (attached) to CNIC. All nomination forms submitted directly to CNIC will be returned without action.

**Please use this link for any of the attachments:**

[https://private.navyreserve.navy.mil/3447B/n1/cnrfc\\_N15/default.aspx](https://private.navyreserve.navy.mil/3447B/n1/cnrfc_N15/default.aspx)

**Reserve Retirement Benefit Seminar.** I am proud to announce the First Reserve Retirement Benefit Seminar (RRBS) for the Midwest Region will be held at Navy Operational Support Center (NOSC) Chicago, located at Naval Station Great Lakes, IL, on 6 November 10 from 0800 - 1600. This event is to help RC members of every service understand the entitlements incurred as a retired without pay or with pay RC member. Visiting experts will address: Reserve Component (RC) Survivor Benefit Plan, Tricare, and much more. This information is very vital and important to all thinking about retirement, retired and spouses.

This is a NON-PAID event, as there is NO funding available for travel or per diem for either instructors OR attendees to this event, just as with all other TAP classes. There is also NO fee for attending. Attire for attendees - Clean Uniform of the Day or Business Casual attire.

We intend to rotate the location to possibly include locations such as Minneapolis, Memphis, Kansas City and Columbus in the future. Other Regions have already conducted this Seminar to a rousing success and we anticipate nothing less here.

Interested personnel, enlisted or officer, who are retirement eligible or intend to retire within the next 2 years to send reservations to: YN1(AW) Purpura at [matthew.purpura@navy.mil](mailto:matthew.purpura@navy.mil).

Please include the following information when you RSVP:

1. Name (Rate/Rank)
2. Command/Unit
3. Navy and Civilian email addresses
4. Phone contact information (Work/Home/Cell)
5. Retirement Date
6. If your Spouse will be in attendance with you.



**Veterans Day Recognition throughout the Country.**

In honor of Veterans Day on November 11, restaurants, retail stores and entertainment centers across the country are offering some truly amazing deals for veterans and their families. Please see the attached file for some examples, but be sure to search online for local retailers near you and see what they may offer.

**NAVADMINs.**

356/10 **MILITARY FAMILY APPRECIATION MONTH**

352/10 **PERFORM TO SERVE - FLEET RATING IDENTIFICATION ENGINE  
INTEGRATION POLICIES AND PROCEDURES**

**Around the Force**

**RC Flag Officer Serves in Chicago Mayor Daley's "Principal for a Day" Program.**

Vice Commander Submarine Force, RDML Robert Kamensky served as Principal (for the day) to the 425 high school students of the Hyman G. Rickover Naval Academy Prep School in Chicago last week. Engaging with the students, faculty, and staff, RDML Kamensky provided mentorship, insight and career information to the diverse group of students and discussed the value of their summer experiences at various Science, Technology, Engineering and Mathematics camps. The visit was very well received and provided the opportunity to *communicate with these prospective members about what makes our Navy one of the nation's great workplaces.*

**Navy Reserve Sailors of VAW-77 Enhance the Total Force Efforts in SOUTHCOM.**

Deployed for a total of 180 days during FY-10, the squadron *provided their unique skill sets toward fulfilling Navy's requirements in the AOR* with a rotation of four detachments of 33 RC Sailors and 35 contract maintenance personnel. During the FY-10 deployment, the "Nightwolves" flew 1894 hours, completing 483 sorties directly assisting in the capture or disruption of 17.8 metric tons of cocaine with an approximate street value of \$1.8 Billion.

**DoD Yellow Ribbon Program (YRP) Advisory Board Meeting.** On Wednesday, VADM Debbink joined Dr. Clifford Stanley (USD P/R) and other service leadership to examine the status of YRP initiatives and make recommendations for continual improvement within the important programs of the YRP domain. Discussions covered the alignment of the Family and Employer Programs Policy directorate within OSD, PDHRA feedback, and the coordination of efforts on suicide prevention. The Navy Reserve Returning Warrior Workshops (RWWs) *were specifically recognized as a "best practice" - supporting our Sailors and their families, individually and proactively.*

**Navy Region Mid Atlantic Reserve Component Command Hosts Returning Warriors.**

RADM Scott Sanders, Deputy Commander, U.S. 2nd Fleet, and CAPT Brian Smith, NRMA RCC Commanding Officer, welcomed more than 140 Sailors and their families at the RWW in National Harbor, MD last weekend. Mr. Phillip Brashear, an Army Reserve Soldier (and son of legendary U.S. Navy Master Diver - Master Chief Carl Brashear), was the guest speaker for the event, providing his thoughts on reintegration following deployments. Guests were treated to a gourmet banquet and letters of appreciation were given to Sailors and their families.

**30 DAY OUTLOOK**

- \* CFLSW SOY Conference, San Diego, CA (27-29 Oct)
- \* MCPON Leadership Mess Conference (1-4 Nov)
- \* Navy Enlisted Reserve Association National Conference, Washington, DC (11-13 Nov)
- \* N095/OCNR 5K CFC Benefit Run, Ft. Myer (17 Nov)
- \* Navy Reserve Policy Board, Norfolk, VA (16-18 Nov)

**60 DAY OUTLOOK**



- \* PDFRC, NOSC Kitsap, WA (5 Dec)
- \* NOSC Wilmington/ Dover Mortuary Affairs Visit, Dover AFB, DE (6 Dec)
- \* N095 Staff move from the Navy Annex to PNT (14 Dec)
- \* N095/OCNR Staff Holiday Social, Washington Navy Yard (18 Dec)

**As of 28 October 2010:**

<b><u>Operational Support Snapshot</u></b>		<b><u>RC Flu Vaccination Status (@1200 28 Oct)</u></b>	
FY10 Pres Bud End Strength	65,500	Vaccine Received:	79.8%(up from 62.3%)
RC Sailors (FTS/SELRES) Onboard:	64,970	Force Vaccinated: (MRRS status)	38.3%(up from 28.7%)
RC Sailors Performing Operational Support:	17,009	<b><u>RC Medical Readiness</u></b>	
RC Sailors Mobilized or Deployed:	6,918	Fully Medically Ready:	83.7%
RC CPO's Mobilized	928	Partially Medically Ready:	4.8%
RC Flag Officers on Active Duty:	26	Total:	88.5%