



Bottom Line: Up Front

02-10

This document is for information purposes and is designed to ensure that all personnel are aware of the many issues/changes that occur in our Navy. Although not inclusive, it is a great venue to share our best practices. If you have information, programs or best practices that you would like to share Navy-wide, send them via your applicable ISIC or Force Master Chief for inclusion. Thanks for your support and feedback.

MCPON RECOMMENDS:

For Uniform matters, link to the below site and then access "Ask the Master Chief."

<http://www.persnet.navy.mil/CommandSupport/USNavyUniforms/>

See page 7 for more links of interest

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Welcome to this edition of "Bottom Line: Up Front." Have you seen your 2010 census form yet? If not, be on the lookout for it.

The census goal is to reach 100 percent of the Navy's Total Force, including all Sailors, their families and Navy civilians.

The Census Bureau national census is an important tool which allows individuals, including our Sailors, to directly impact how federal funding is spent on vital resources such as neighborhood schools, emergency services and hospitals. Through participation in the [military census](#), Navy personnel are able to shape the quality of life for themselves and their families both today and in the future. The 2010 census form will be one of the shortest in U.S. history, consisting of 10 questions, taking about 10 minutes to complete. I encourage everyone to participate in the census and make your voice heard which will benefit you and your family. More information can be found at the Census website: <http://2010.census.gov/>

Do you have a Sailor who deserves Navy-wide recognition? Send the following information to Chief Ansarov at sonya.ansarov@navy.mil and you Sailor will be featured as the **Sailor in the Spotlight** on my leadership page at www.navy.mil/MCPON:

--The Sailor's recent accomplishments, what they mean to their command and how they contribute to Sailor development on the deckplate;

--A high-resolution, portrait-style photograph (doesn't need to be an official photo) of the Sailor looking sharp in uniform;

--A brief biography of the Sailor;

--Your command's most recent accomplishments.

HOOYAH Shipmates!

MCPON

What's Hot

[NAVADMIN 072/10](#) announces the first in a series of monthly "Family Grams" designed to enhance the preparedness and resiliency of our families as they face the daily challenges associated with the expeditionary nature of our total force. Each NAVADMIN will focus on a different topic, providing basic information and updates to the many benefits and support services available.

This month's NAVADMIN highlights one of the entitlements of military service: Medical benefits for military families. It provides information about Tricare, the Department of Defense's worldwide health care program available to active duty and reserve personnel and their families, and the several health plan options to meet the needs of its beneficiary population.

More information and assistance can be found at: <http://www.tricare.mil> and <http://www.military.com/benefits/tricare/understanding-your-tricare-benefits>.

Suicide Prevention

BLUF: Suicide prevention is an all-hands evolution. Become familiar with available resources; improve awareness by educating Sailors and eliminate the negative stigma associated with seeking help.

Top Priority for Navy Leadership: Please review [NAVADMIN 054/10](#). Education and training of Sailors, leaders and family members is a focus for 2010. The Navy's Operational Stress Control program is becoming the cornerstone for all Behavior Health and Readiness efforts, including suicide prevention. In 2010, the main focus will be on improving family outreach, optimizing the interface between command leadership and medical treatment providers, and continuing to build a network of trained suicide prevention coordinators.

Resources and information are available at Military OneSource, 800-342-9647, www.militaryonesource.com; National Suicide Prevention Lifeline, 800-273-8255, www.suicidepreventionlifeline.org; and, Navy Suicide Prevention, www.suicide.navy.mil.

Family Readiness Training

BLUF: Does your family know about the many QOL and support programs available to them? What are you doing to ensure they know? Sailors must engage their command and their family in order to take full advantage of the family readiness programs and benefits the Navy offers.

[NAVADMIN 069/10](#) announces the plan to implement family readiness education into the officer and enlisted training continuums. Family readiness is a critical component of mission readiness. This training program will provide scoped and tailored family readiness education appropriate to career milestones that will continuously build and refresh our Sailors' knowledge base as they navigate through their careers and assume positions of greater leadership and responsibility. By the end of this fiscal year, family readiness education will be integrated into all phases of our continuum of training spanning from the delayed entry program (DEP) to senior leadership training.

TEN THINGS EVERY SAILOR/SPOUSE SHOULD KNOW:

1. Who is your Ombudsman and what they do?
2. What does the Fleet Family Support Center provide?
3. Who is your Sponsor (if new to the command)?
4. What is COMPASS?
5. What MWR services are available on the base?
6. Navy/Marine Corps relief society location and services provided.
7. Location of Red Cross.
8. EFM Coordinator (if applicable to your family).
9. School Liaison Officer (SLO).
10. Does the command have a Family Readiness Group (FRG)?

Two websites you should access:

1. www.nffsp.org
2. www.militaryonesource.com

Revised Performance Evaluation and Advancement Policy

BLUF: These changes will ensure our Sailors get recognized for their hard work when away from their parent command as well as everyone's responsibility to maintain Navy standards.

Per [NAVADMIN 083/10](#), effective August 1, 2010, Regular Reporting Seniors will identify those Sailors/Officers performing an IAMM/GSA assignment by classification in a new billet subcategory code. This billet subcategory is being added to ensure IAMM/GSA Sailors are recognized for their service away from their parent command. It will help them remain competitive with their counterparts who are present at and evaluated by their parent command. Also, Reporting Seniors will document all official Physical Fitness Assessments (PFAs) conducted during a reporting period using new PFA codes on FITREPS/Evals (block 20). Please standby - business rules will be detailed in subsequent NAVADMINS.

BUPERSINST 1610.10c will be updated in July 2010, and will become effective August 1, 2010. Questions concerning these changes should be referred to the NPC Customer Service Center at 1-866-U-ASK-NPC, 1-866-827-5672/DSN 882 or e-mail at cscmailbox@navy.mil.

Performance Evaluation Rejection Policy Adjustments

BLUF: Record accuracy is ultimately the individual's responsibility. The CoC must ensure timely and accurate performance evaluations are submitted.

[NAVADMIN 022/10](#) establishes a formal policy for the disposition of rejected performance evaluations. Each year, commands submit approximately 70K invalid performance evaluations which must be returned and corrected. When reports are returned by navy personnel command (NAVPERSCOM) for correction nearly 20 percent are not resubmitted or resubmitted after significant delay by commands. Consequently, Sailors/officers have little recourse to update and maintain accurate official military personnel files (OMPF). As a result, affected personnel are left with an incomplete performance evaluation history that may adversely impact their careers.

For more detailed information concerning rejected performance evaluations, access the frequently asked questions at:

<http://www.npc.navy.mil/careerinfo/performanceevaluation/faq.htm>

New Guidance on Career Opportunity Matrix (CARMAT) and Career Reenlistment Objectives (CREO)

BLUF: Sailors are our #1 asset and its leadership responsibility to ensure timely CDB are performed and stay educated on the latest career information.

According to [NAVADMIN 024/10](#), CREO and Navy Enlisted Classifications (NEC) data is now available online via a new tool called the Career Opportunity Matrix (CARMAT). CARMAT is a read-only spread sheet updated monthly that provides career counselors a single source for locating advancement and conversion opportunity information for their Sailors.

CREO data spreadsheets and CARMAT are available at www.npc.navy.mil/careerinfo/performtoserve. CARMAT is also accessible at the CMC and Career Counselor's Corner web site at www.npc.navy.mil/careerinfo/cmc_ccc

Navy Personnel Command (NPC) Web Feedback Polls

BLUF: Take the opportunity to make your opinion count and your voice heard on important career information.

Every two weeks the NPC Web Site features an Online Feedback Poll under "Your Opinion Counts" on the NPC home page. The polls are not scientific, but they do serve as a two-way communication vehicle to get feedback from our Sailors. Plus, they direct Sailors to information pertinent to their career progression and to Navy programs/requirements.

Find out more at <http://www.npc.navy.mil/>

Verification of Medical Readiness Online

BLUF: Medical readiness equals mission readiness. Do your part and stay on top of your medical readiness so you are an asset to your command and Navy.

Sailors can now review Individual Medical Readiness (IMR) by using the Medical Readiness Reporting System (MRRS) via BUPERS Online (BOL). IMR status determines if a Sailor is medically eligible to deploy. The new application allows Sailors to review their physical health assessments, laboratory results, dental readiness, immunizations and any medical conditions that may be showstoppers.

To view medical readiness status, visit <https://www.bol.navy.mil> and select the IMR Status link under the BOL application menu.

National Resource Directory

BLUF: This Web site is a collaborative effort between the DoD, VA and Department of Labor and is a great resource for wounded warriors, veterans, family members and caregivers in a single, searchable site.

The National Resource Directory is a comprehensive, free, online tool for wounded, ill and injured service members, Veterans and their families. Visitors to the site can find an extensive range of information about Veterans' benefits, including disability and pension benefits, VA health care and educational opportunities. The site also provided information for those who care for Veterans, such as access to emotional, financial and community assistance. Visit the site at www.nationalresourcedirectory.gov

Update to Homeowners Assistance Program Eligibility Requirements

BLUF: Eligibility requirement: property must have been purchased (or contract to purchase signed) before July 1, 2006, and have PCS orders between Feb. 1, 2006 and Sept. 30, 2010.

[NAVADMIN 070/10](#) announces the extension of the initial implementation period for the permanent change of station (PCS) category of the homeowners assistance program (HAP) to September 30, 2010. For all HAP policy questions refer to the HAP website at: <http://hap.usace.army.mil>

Useful Links

Iraq and Afghanistan Veterans of America: <http://iava.org/>

Coalition of Sailors Against Destructive Decisions (CSADD) on facebook:
<http://www.facebook.com/#!/pages/Coalition-of-Sailors-Against-Destructive-Decisions-CSADD/299642495316?ref=sgm>

United Through Reading: <http://www.unitedthroughreading.org>

U.S. Naval Institute: <http://www.usni.org>

TRICARE: <http://www.tricare.mil/>

The Navy Fleet and Family Support Center: <https://www.nffsp.org/>

Navy for Dads: <http://www.navydads.com/>

U.S. Navy Office of Information: <http://www.chinfo.navy.mil/>

Affected Navy Family Assistance (ANFA):
https://www.cnic.navy.mil/cnic_hq_site/ANFA/index.htm

Navy-Marine Corps Relief Society: <http://www.nmcrs.org/>