

Sailor Gram

News you can use from Navy Total Force

Educating our Sailors for Success!

Prevention Programs Offered by the Center for Personal and Professional Development (CPPD)

Personal Responsibility and Values: Education and Training (PREVENT) (CIN S-501-0150)/3 days
Offers Navy service members 18-25 of all ratings and ranks an opportunity to consider, discuss and reflect upon personal choices and potential consequences of decisions. It is designed to help Sailors learn to manage alcohol responsibly, avoid illegal drug use and make appropriate choices regarding mental and physical health, personal financial management and personal relationships. PREVENT is ideal to integrate as a proactive tool in your command prevention plan, as referenced in OPNAVINST 5350.4D. Graduates leave with four individually developed action plans for deck-plate leadership to follow up on upon a Sailor's return to command.

Alcohol and Drug Abuse Managers/Supervisors (ADAMS) (CIN: S-501-0120)/1 day
Command-delivered course providing supervisors with the skills and knowledge to be positive role models in the prevention of alcohol and drug abuse, document evidence of substandard performance or misconduct, refer individuals to their command DAPA, and assist in fulfilling aftercare responsibilities. Attendance is recommended every five years to stay current on policies.

Alcohol and Drug Abuse Managers/Supervisors (ADAMS) Facilitator Training (CIN: S-501-0110)/3 days (4 total days)
Qualifies candidates from commands to become certified to facilitate the ADAMS for Supervisors course at their commands in accordance with the OPNAVINST 5350.4 series. ADAMS for Supervisors is a prerequisite to attend this course, so attendees will spend four total instructional days at a CPPD Learning Site to complete training.

Things you need to know:

- Command-delivered training shall be documented in FLTMPs**
- Examples include ADAMS for Supervisors, Alcohol AWARE, GMT, & Enlisted Leadership Training
 - Documentation is the Command Training Officer's responsibility.

Something to think about

- The prevention programs offered by CPPD are good tools for use by the Chiefs' Mess and Wardroom to educate Sailors and influence positive decision-making behavior.
- These programs are a vital part of maintaining Sailor and Family readiness.
- CPPD offers approximately 26,000 PREVENT seats a year at 14 Learning Sites worldwide. Quotas are widely available.

Where to get help

- FLTMPs Support:
 - 1-866-438-2898 (Toll Free)
 - 850-452-1867 (Commercial)
 - 922-1867 (DSN)
 - E-mail NTMPS.SUPPORT@NAVY.MIL
- CPPD Requirements Manager
 - Kevin Ramey (CPPD)
 - (757) 492-5641
 - Kevin.ramey@navy.mil