The CONTINUUM of SERVICE

AC/FTS to SELRES

SELRES to Active Duty

SELRES to IRR

IRR to SELRES

SELRES to AC

AC to IRR

IRR to AC

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CIVILIAN to SAILOR ⚓

Enlist Active Duty or the Navy Reserve

Officer Naval Academy
Naval Reserve Officer Training Corps (NROTC)
Officer Candidate School (OCS)
Reserve Direct Commissioned Officer Program (DCO)

AC/FTS to SELRES
SELRES to Active Duty
SELRES to IRR
IRR to SELRES
SELRES to AC
AC to IRR
IRR to AC

AC/FTS to SELRES

AC/Full Time Support (FTS) to Selected Reserve (SELRES)

ENLISTED EARLY CAREER TRANSITION PROGRAM (ECTP) Eligible **AC/FTS** members may transition to **SELRES** more than 90 days prior to their EAOS in exchange for a minimum one year drilling Reserve obligation if in-rate; four year drilling Reserve obligation if converting (NAVADMIN 088/11). Additional enablers for **AC** to **RC** transitions include Career Transition Office, Career Management System/Interactive Detailer, Intermediate Stop Orders (three days) to NOSC. ⚓

SELRES to Active Duty

ENLISTED TEMPORARY RECALL TO ACTIVE DUTY PROGRAM Eligible enlisted Reserve Sailors can volunteer for advertised active duty recalls for one to three years. ⚓

IRR to SELRES

PRIOR SERVICE REENLISTMENT ELIGIBILITY - RESERVE (PRISE-R) Allows eligible Navy Veterans (NAVETs) and Other Service Veterans (OSVETs) to affiliate with the **SELRES** in Career Reenlistment Objectives one and two ratings (MILPERSMAN 1133-061) ⚓

SELRES to IRR

VARIABLE PARTICIPATION UNIT (VPU) Allows eligible IRR members with targeted skill sets to muster at their NOSC from two to five days per year on Active Duty for Training (ADT) orders. **VPU** is a subset of the Voluntary Training Unit (COMNAVRESFORINST 1001.6) ⚓

SELRES to AC

AC AUGMENTATION PROGRAM Eligible enlisted Reserve Sailors can volunteer to transition into the Active Component for greater than three years. ⚓

IRR to AC

PRIOR SERVICE PROGRAM (PRISE III) Offers reenlistment opportunities and rating conversion to eligible Navy Veterans (NAVETs) who reenlist after a 24-hour break in service who are not eligible to reenlist in their previously held ratings per COMNAVCRUITCOMINST 1130.8F (MILPERSMAN 1133-060) ⚓

AC to IRR

Active Component (AC) to Individual Ready Reserve (IRR)

CAREER INTERMISSION PILOT PROGRAM (CIPP) One to three year transition to the **IRR** with no drilling obligation and a guaranteed return to **AC**. **CIPP** allows Sailors to pursue personal and professional goals that would not be feasible on full-time active duty. Benefits include two days of pay per month and full TRICARE coverage during intermission (OPNAVINST 1330.2A) ⚓

CAREER TOOLKIT ⚓

- PAY AND BENEFITS GUIDE
- RETIREMENT CALCULATOR
- TRICARE RESERVE SELECT(TRS)
- TRANSITION ASSISTANT MANAGEMENT PROGRAM
- POST 9/11 GI BILL
- FLEET RATING IDENTIFICATION ENGINE (FLEETRIDE) FOR SELRES
- ENLISTED EARLY CAREER TRANSITION PROGRAM
- CAREER TRANSITION OFFICE
- BRILLIANT ON THE BASICS

FOR FURTHER DETAILS, PLEASE GO TO THE NAVY RESERVE HOMEPORT AT NAVYRESERVE.NAVY.MIL

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