



## @USNPEOPLE WEEKLY WIRE

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STARS AND STRIPES, Tyler Hlavac

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### 2.) The Navy's Got an Obesity Problem - Here's How They Plan To Fix It / 11 NOV 16

NAVY TIMES, David B. Larter

Long work hours, fewer chances to fail the body fat assessment and the Navy's obesity problem means getting to the gym is more important than ever for sailors. Roughly one in every 13 troops is clinically overweight, defined by a body mass-index greater than 25, according to Defense Department data obtained by Military Times. The Navy is launching a new program to get those numbers down and keep sailors from being kicked out.

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Chief of Naval Personnel Public Affairs

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Every other week, we roll up the latest NAVADMINs from Navy Personnel Command. Below are the latest:

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- Interim Guidance for Service of Transgender Navy Personnel [\[LINK\]](#)

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or find it online at [www.navy.mil/cnp](http://www.navy.mil/cnp)

## **1.) White House Supports Controversial Changes to Navy Ratings / 16 NOV 16 [\[LINK\]](#)**

STARS AND STRIPES, Tyler Hlavac

The White House is defending the abolition of Navy ratings, saying it will make sailors more flexible and improve their chances of success in post-military careers.

“Organizational changes that require a cultural shift can cause friction during transition periods, but [President Barack Obama] has confidence in the decisions made by U.S. Navy leaders and agrees that the benefits in future years will outweigh growing pains in the next several months,” a White House statement said Wednesday.

The administration was responding to a petition with more than 100,000 signatures opposing changes, announced in September, that over the next few years will replace traditional Navy ratings such as boatswain’s mate and gunner’s mate with military occupational specialties used by other services.

“This administration believes that providing widely recognized credentials will improve servicemembers’ chances of success in the private sector,” the statement said. “Modernizing this system provides many benefits within the Navy, such as increased flexibility in training and assignments.”

The changes come after Navy Secretary Ray Mabus ordered the review of Navy titles in January as part of a plan to open all positions to women.

Enlisted sailors will, in the future, be addressed only by rank, in the same manner that other members of other services are recognized.

For example, lower-ranked sailors will be called seamen, mid-grade enlisted sailors will be addressed as petty officers and the highest-ranking enlisted sailors will be known as chiefs.

## **2.) The Navy's Got an Obesity Problem - Here's How They Plan To Fix It / 11 NOV 16**

NAVY TIMES, David B. Larter

Long work hours, fewer chances to fail the body fat assessment and the Navy's obesity problem means getting to the gym is more important than ever for sailors.

Roughly one in every 13 troops is clinically overweight, defined by a body mass-index greater than 25, according to Defense Department data obtained by Military Times. The Navy is launching a new program to get those numbers down and keep sailors from being kicked out.

Six locations around the world are trying out 24-hour gyms on base, which allow sailors to work out whenever best suits their schedule. They are Joint Base Anacostia-Bolling in Washington D.C.; Sasebo, Japan; Naples, Italy; Whidbey Island, Washington; the Armed Forces Staff College in Norfolk, Virginia; and the Naval Support Facility in Dahlgren, Virginia.

The pilot is part of a larger push inside the Navy to expand shore services, including gym access and child care, to sailors strained by high operational tempo, said Juliet Beyler, the deputy assistant secretary of the Navy for military manpower and personnel.

The gyms are unmanned during off-hours and set up with electronic access and cameras to make sure sailors are safe while working out, Beyler said. It’s too early in the program to have any real feedback on how things are going, she said.

The program grew out of a program launched last year that expanded gym hours. The Navy kept the gyms open an extra four hours and the sailor response was overwhelmingly positive. Beyler said that the expanded child development center hours dovetailed with the expanded gym hours well because sailors use the extra time to work out.

Beyler, a retired Marine officer, said she felt the impact of limited gym hours when she was deployed to Iraq.

“In my second time back to Iraq I was a battalion operations officer and the hours are just crazy,” she said. “And with fitness centers being open only about 12 hours a day I had a really hard time getting to work out. Because I’d come in to work at 4 and get off work at like 10.”

Beyler said the current breakneck optempo for sailors and Marines is driving the changes.

“Given the optempo, given the way our sailors and Marines work we need to make sure we give them the opportunity to work out whenever they can,” Beyler said. “Being the naval services and being forward deployed the way that we are, fitness has always been integral to what we do.”

“I’ve always said that maintaining physical fitness is as important as maintaining our weapons systems.”

### **3.) Accepting Nominations for Exceptional Leadership Awards / 14 NOV 16 [\[LINK\]](#)**

Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) -- The Navy's Office of Inclusion and Diversity is currently accepting nominations for the 2017 Captain Joy Bright Hancock and Master Chief Anna Der-Vartanian Leadership Awards.

Presented annually, the Captain Joy Bright Hancock and Master Chief Anna Der-Vartanian Leadership Awards recognize and honor the inspirational and visionary leadership of Navy Service Members whose ideals and dedication foster a positive working environment, while reinforcing and furthering the integration of women into the Navy.

Nominations are broken into five categories: senior officer (O4 and senior); junior officer (O1-O3); Limited Duty officer and Warrant Officer (W2-O3E); senior enlisted (E7-E9); and junior enlisted (E5-E6).

One award winner will be chosen for each category. Nominees should be mature leaders who have shown exceptional leadership over the span of their career and have persevered to overcome challenges while serving. Nominees should have demonstrated inspirational, innovative, and imaginative leadership, both on and off-duty, as well as professional accomplishments and community involvement.

Candidates shall be nominated by their commanding officer (CO) or officer in charge (OIC). The nominating command's immediate superior in command (ISIC) shall provide an endorsement prior to nomination submission. If an ISIC receives multiple nominations, the ISIC shall endorse and forward only one nomination for each category. Nomination packages shall include the following:

- A. ISIC endorsement;
- B. CO or OIC endorsement;
- C. Nomination write-up (shall not exceed two pages in length);
- D. Nominee's biography (shall not exceed one page in length);
- E. Most recent official military photo in uniform; and
- F. Command point of contact's name, e-mail address, and phone number.

Nominations are open to both active and Reserve Sailors.

Applications deadline is Feb. 15.

For more information about the Captain Joy Bright Hancock and Master Chief Anna Der-Vartanian Leadership awards, contact LT Kalen Kropa at (703) 604-5075 or via email at [kalen.kropa@navy.mil](mailto:kalen.kropa@navy.mil) or at the following website: [http://www.public.navy.mil/bupers-npc/support/21st\\_Century\\_Sailor/diversity/awards/Pages/Leadership-Awards.aspx](http://www.public.navy.mil/bupers-npc/support/21st_Century_Sailor/diversity/awards/Pages/Leadership-Awards.aspx)

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#### **4.) Navy COOL Expands Funding Eligibility for E-6, Above / 17 NOV 16 [LINK]**

Center for Information Warfare Training Public Affairs

PENSACOLA, Fla. (NNS) -- Navy Credentialing Opportunities On-Line (COOL) announced a new waiver that affects E-6 Sailors who will reach high year tenure (HYT) at 20 years and senior enlisted who plan to retire at 20 years, Nov. 16.

The waiver now allows E-6 Sailors and senior enlisted who have completed 19 years of service and will end their careers at the 20-year mark to use Navy COOL's services, including possible funding, to earn civilian credentials. These Sailors must be able to complete the requirements no less than 60 calendar days prior to their separation.

This change replaces the OPNAVINST 1540.56A requirement that personnel who had less than one year remaining in service must have already completed 20 years of service to receive funding from Navy COOL.

"No matter where you are in your career, you may be able to benefit from getting a credential that is related to your training and experience in the Navy," said Michael Talley, Navy COOL's assistant program director. "While the Navy's credentialing program highly recommends that Sailors get credentialed as early as possible in their career, in reality this doesn't always happen. For this reason, the Navy has built in several waivers to the time-in-service requirement."

Navy COOL also offers waivers for Sailors who are being discharged due to combat-related injuries, and Sailors who are approaching the end of their enlistment and are waiting for a reenlistment or extension to go through.

All waivers must be approved by Naval Education and Training Command through the Navy Credentials Program Office.

According to Talley, credentialing is beneficial to a Sailor's career because it is part of the Sailor's Learning and Development Roadmap (LaDR). He stated credentialing is included in the LADR, because it can contribute to military career development, self-development requirements, and performance evaluations.

He went on to say, in the civilian sector, credentialed service members demonstrate to prospective employers their skills are on par with their civilian peers for as many years as the credential has been maintained.

Navy COOL provides information about licenses and certifications applicable to all Navy occupations, offering resources and funding to help Sailors gain appropriate civilian desired, and in many cases required, credentials.

For more information about Navy COOL, visit <http://www.cool.navy.mil/> or call (850) 452-6683.

Navy COOL is located with the Center for Information Warfare Training, which delivers trained information warfare professionals to the Navy and joint services, enabling optimal performance of information warfare across the full spectrum of military operations.

For more information, visit <http://www.navy.mil>, <http://www.facebook.com/usnavy>, or <http://www.twitter.com/usnavy>.

For more news from the Center for Information Warfare Training organization, visit [www.navy.mil/local/cid/](http://www.navy.mil/local/cid/), [www.netc.navy.mil/centers/ciwt](http://www.netc.navy.mil/centers/ciwt), [www.facebook.com/NavyCIWT](http://www.facebook.com/NavyCIWT), or [www.twitter.com/NavyCIWT](http://www.twitter.com/NavyCIWT).

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