



@USNPEOPLE WEEKLY WIRE

1) Our Efforts to Prevent and Respond to Sexual Assault/ 28 OCT 14 [[LINK](#)]

Rear Adm. Rick Snyder, Director, 21st Century Sailor Office -- Together we've made important strides, and as a team, we'll continue to change the Navy's culture to one that is intolerant of crimes like sexual assault and other destructive behaviors that hurt our readiness for warfighting. Our goal is straightforward: a Navy in which every Sailor understands what sexual assault is, how to play a role in prevention, and how to report it; a Navy in which victims know they will be supported and everyone knows that perpetrators will be held appropriately accountable.

2) Conversation with a Shipmate: Cyber Security and Warfighting/ 28 OCT 14 [[LINK](#)]

Chief of Naval Operations Blog -- All of us, not just cyber warriors, need to understand the role that cyber security plays in our everyday operations. The Electromagnetic spectrum is also a hot issue for our Navy, and the exploration of that focus area goes hand in hand with what we're doing on the cyber warfront. The Navy has an inherent and unique need to combat cyber threats.

3) NEX Offers Optional Collar Closure for Service Dress Whites/ 29 OCT 14 [[LINK](#)]

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4) Navy Conducts Sizing Correlation Study/ 24 OCT 14 [[LINK](#)]

NEXCOM Public Affairs -- U.S. Navy body dimensions were last measured in 1997 for males and 1988 for females," said Capt. Robert Gantt, NEXCOM's Deputy Commander, Uniform Programs. "Based on a recent Army Anthropometric Study, it was shown that the average height, weight and dimensions of servicemen and women have changed over the past 20 years.

5) 21st Century Sailor Office bi-weekly roll-up:

Every other week, we roll up the various stories in the 21st Century Sailor Office domain. Below are the latest products for total Sailor fitness:

-Guest blog on NavyNavStress.com: Our Chosen Family: [[LINK](#)]

-Never walk alone Part 1: [[LINK](#)] Part 2: [[LINK](#)] Part 3: [[LINK](#)] Part 4: [[LINK](#)]

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1.) Our Efforts to Prevent and Respond to Sexual Assault

In three months serving as director of the 21st Century Sailor Office, I've seen our united, Navy-wide efforts to prevent and respond to sexual assault. We've always known that this is a tough problem requiring concentrated focus and resources. There are no simple answers, no quick fixes, no easy solutions. Together we've made important strides, and as a team, we'll continue to change the Navy's culture to one that is intolerant of crimes like sexual assault and other destructive behaviors that hurt our readiness for warfighting. Here's what we've learned so far, and what we're planning for this year:

1) Our prevention efforts continue to mature and improve.

- Based on survey responses, less than 10 percent of Sailors observe high-risk situations. When they do see something wrong, across all ranks and gender, more than 85 percent step up and take action.
- In the barracks, Sailors are standing additional watches and implementing roving patrols to help their shipmates and reduce destructive behaviors.
- Because we know there is a link between abuse of alcohol and destructive behavior, we continue our efforts to deglamorize alcohol and diminish its role.

2) Our ability to respond has improved thanks to new resources available to the Fleet.

- In the last year, we grew our capacity to respond with 82 Sexual Assault Response Coordinators, 67 dedicated Sexual Assault Victim Advocates, 29 Victims Legal Counsel and 18 Deployment Resilience Counselors. They team with more than 5,000 collateral duty Victim Advocates to support our shipmates.
- Victims are sharing positive perceptions of this increased support, but we know we can do better. Survey data from victims and response teams suggests that some victims still experience social retaliation, an unacceptable outcome we must continue to address together.
- Sailor feedback on training was heard loud and clear: 'Stop the slides,' 'Reduce the size of the groups,' and 'Stop duplicative training.' Our new Bystander Intervention to the Fleet training, beginning this fall for all active and reserve Sailors, was created expressly with this feedback in mind. This new training will provide realistic, peer-led, interactive instruction to help Sailors recognize potentially harmful situations and how to safely intervene.

3) Timely and reliable numbers are still a problem.

- Survey data still indicates more assaults than are being reported are actually occurring. This reporting gap must be closed. We must reduce sexual assault in the Navy and increase the reporting of those assaults when they occur - this demands our united resolve.
- As Sailors learned more and trusted our system to respond, investigate, and hold offenders appropriately accountable, we saw sexual assault reporting increase 46 percent from FY12 to FY13. Sexual assault reports increased in FY14 at a lesser rate. The lower rate of increase in reporting is encouraging, but long term progress will ultimately be indicated by a decrease in sexual assaults.
- We are committed to stopping sexual assaults, but if they do occur, our earned trust and proven response systems create conditions for victims to report them. Reporting is the key to supporting the victim and holding the perpetrator appropriately accountable.

4) Sailor involvement and willingness to address the problem is growing.

- The regular release of courts-martial results provides transparency of our accountability process. Final results are posted on the public Navy website monthly. Sexual assault is a topic we will continue to address openly.
- Members of our Coalitions of Sailors Against Destructive Decisions highlight the responsible use of alcohol, healthy lifestyle choices and the importance of bystander intervention. Their leadership is critical to our united efforts in defeating destructive behaviors and truly represents our core values of honor, COURAGE, and commitment.

5) Future efforts...Continued attention. Looking ahead to the next year, we will keep the press on.

- Make it easier to understand and comply with sexual assault prevention and response resources, policies, and requirements. We will publish one easy to use document so Sailors and leadership no longer need to sort through numerous messages and instructions to understand and comply with prevention and response requirements.

- Improve our ability to identify data trends early so we can take appropriate action. We will continue to assess surveys/polls to determine suitability for providing more real-time or continuous information.
- Empower command leadership at all levels. Over the next year, we will enhance the ability of leaders to tailor their approach to prevention and response program education and awareness to better fit individual Sailor and unit needs while still meeting Navy-wide standards and requirements.

Continued focus on victim support. We will continue to mature and improve the healthcare, legal, and overall support services we provide to victims of sexual assault - all based on Sailor feedback.

Our goal is straightforward: a Navy in which every Sailor understands what sexual assault is, how to play a role in prevention, and how to report it; a Navy in which victims know they will be supported and everyone knows that perpetrators will be held appropriately accountable.

Beginning next month, I'll travel to Fleet concentration areas to continue this vital conversation - listening, answering your questions, and sharing your feedback with your shipmates.

As with every challenge we've faced for more than 239 years, we are successful only when we pull together as one team. We need every voice and every Sailor's effort to help prevent sexual assault in our Navy.

2.) Conversation with a Shipmate: Cyber Security and Warfighting

Shipmates,

Recently I visited Navy Cyber Forces Command in the Hampton Roads area. After holding a great All Hands Call with our cyber warriors and reenlisting some motivated Sailors, I sat down with two Shipmates to discuss what our cyber forces do and why their mission is important. In this episode of "Conversation with a Shipmate," we discuss cyber security and warfighting.

Understanding Cyber

All of us, not just cyber warriors, need to understand the role that cyber security plays in our everyday operations.

Electromagnetic Spectrum

The Electromagnetic spectrum is also a hot issue for our Navy, and the exploration of that focus area goes hand in hand with what we're doing on the cyber warfront.

Warfighting on the Sea and in Cyberspace

The Navy is has an inherent and unique need to combat cyber threats. Our resources, ships and bases around the world are connected by the very networks our cyber warriors defend.

I am proud of the Sailors and Civilians and their successes in the Cyber domain. I want thank these Shipmates who are doing real-world operations. These warfighters are keeping us, and our networks, safe.

Watch the entire "Conversation with a Shipmate," [here on Navy.mil](#) or on [YouTube](#).

JONATHAN W. GREENERT

Admiral, U.S. Navy

3.) NEX Offers Optional Collar Closure for Service Dress Whites

WASHINGTON (NNS) -- Male officer and chief service dress white (SDW) coats can now be fitted with a single metal hook and eye closure at Navy Exchange (NEX) tailor shops that will improve the collar neck closure, according to the Navy's Uniform Matters Office.

This optional closure can replace the Velcro closure that is the standard closure for the uniform coat.

Some wearers found the standard closure did not provide the right fit and appearance, particularly after repeated wear and dry cleaning. The hook and eye closure can help provide a better fit to the SDW coat.

"The optional closure will help Sailors ensure the proper fit and professional appearance of their service dress whites, which must be maintain with all uniforms," said Capt. Janet Bristol, head of Navy Uniform Matters. "Sailors should replace or make alterations as needed to maintain proper appearance, wear and functionality of their uniforms."

The SDW coat hook and eye closure is optional and now available for alteration through the NEX at a cost of \$13.50.

"As we consider any change to uniforms to improve fit, function, or appearance, our goal remains to have uniforms that our Sailors will proudly wear at sea and ashore that project our Navy heritage," said Bristol.

The hook and eye closure is also available for purchase via the NEX Uniform Call Center (1-800-368-4088 / Fax 1-757-502-7532 and USC_Customer_Service@NEXWEB.ORG.

Sailors can provide feedback on uniforms to umo_cmc@navy.mil or usnpeople@gmail.com.

For more news from Chief of Naval Personnel, visit www.navy.mil/local/cnp/

4.) Navy Conducts Sizing Correlation Study

By Kristine M. Sturkie, Navy Exchange Service Command Public Affairs

VIRGINIA BEACH, Va. (NNS) -- The Navy Clothing and Textile Research Facility (NCTRF), a Navy Exchange Service Command (NEXCOM) and Naval Supply Systems Command (NAVSUP) activity, is currently conducting a Navy sizing correlation study to gather data to get an up-to-date snapshot of the size and shape of today's Sailors.

"U.S. Navy body dimensions were last measured in 1997 for males and 1988 for females," said Capt. Robert Gantt, NEXCOM's Deputy Commander, Uniform Programs. "Based on a recent Army Anthropometric Study, it was shown that the average height, weight and dimensions of servicemen and women have changed over the past 20 years. So, updating sizing data in U.S. Navy patterns for uniforms and organizational clothing would help improve fit and comfort for Sailors."

NCTRF has begun collecting 30 noninvasive body dimensions of Sailors at Naval Station Norfolk, Virginia. In total, NCTRF will gather the measurements of 4,000 Sailors (2,000 men and 2,000 women) throughout the Hampton Roads, Virginia area during the study, which will last through March 2015.

"We received information from the Navy Personnel Research, Studies and Technology on the demographics of all Sailors," said Louise Caulfield, NCTRF Business Development Manager. "From that, we are taking a statistically valid sample of Sailors based on race, gender and age to ensure that we have measurements of all the

demographics represented in today's Navy. This will ensure we get a true representation of those serving in the Navy."

Aviation Machinist's Mate 2nd Class Kelley Ward, assigned to Helicopter Sea Combat Squadron (HSC) 26, participated in the sizing study. "I love the idea of better fitting uniforms," said Ward. "With the higher number of females in the Navy now as compared to the 1980s when the last sizing study was done, it makes sense to do another study. I didn't think the measurements would be as in depth, but I'm glad it was. They got all the measurements they needed to improve the fit of our uniforms."

Once the study is complete, NCTRF will determine if the sizing of military members in the U.S. Navy and U.S. Army are similar enough to use the data the U.S. Army gathered in 2010 in lieu of conducting its own full scale scientific sizing study.

"The sizing information we are gathering today could, in the future, lead to new updated sizing patterns for uniforms, organizational clothing and personal protective equipment, which will improve fit, appearance and comfort for Sailors," said Caulfield.

For more news from Navy Exchange Service Command, visit www.navy.mil/local/nexcom/

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