US Navy COVID-19 Standardized Pre-Deployment Guidance
Clean Crew, Ready for Mission

To ensure a clean crew, ready for mission, units shall adhere to the following standardized pre-deployment guidance to the maximum extent possible. **This guidance does not restrict Fleet, TYCOM, and Operational Commanders from issuing more specific guidance to units within their respective areas of responsibility.**

*Informed by DoD Force Health Protection (FHP) Supplement 6
*Aligned with Navy and Marine Corps Public Health Center Pre-Underway COVID-19 Mitigation Recommendations for Ships

1. Minimum required actions prior to deployed/underway operations* =>
   Goal is a COVID Free Crew
   a. Mandatory screen for existing medical conditions that place personnel at higher risk for COVID morbidity and mortality => High Risk personnel\(^2\) must be evaluated by a Medical Professional and First Flag must approve waiver to deploy
   b. Conduct daily personnel screening (questionnaire / temperature checks)
   c. Test and isolate any personnel with influenza-like illness (ILI) symptoms at MTF
   d. Conduct minimum 14 day ROM to allow 95% of those individuals who will be symptomatic to present symptoms; if local COVID-19 level conditions warrant, strongly consider increasing to 21 days to increase chance of exposing symptomatic individuals to 99%
      • Onboard in-port, individual hotel rooms or at-home sequestration (with NO other contacts) provide acceptable ROM arrangements. There are pros and cons for each of these that need to be weighed given the unit specific circumstances
      • Ensure essential watch stations are manned / conduct required maintenance / conduct underway preparations (logistics, training, etc.)
      • Develop “Operational Bench” for redline personnel to assume mission essential operations (nuclear power plant, bridge, CIC, CDC, etc.)
   e. Pre or Post ROM testing may be requested for CRITICAL** missions. Testing is the only way to uncover asymptomatic individuals, but testing capacity is limited.
   f. External crew, ship riders (contractors, tech reps), direct support personnel, and all others embarking ship during underway require a 14 day ROM prior to embarking
      • Short notice contractor/tech rep embarking ship requires additional precautions (PPE, restrict movement, sanitization, etc.)

*It may not be possible to meet these minimum requirements for all underway operations in the OFRP. Fleet CDR discretion is allowed except prior to final deployment training/certification event in which all requirements must be met.
**CRITICAL missions include Strategic assets, SEAL teams iso COCOM named operations, and CSG/ARG**

2. **During ROM when a Crew Member starts showing signs of possible COVID infection**

**Isolate and screen the Crew member - Patient Under Investigation (PUI)**

a. If ROM is onboard the ship, transfer PUI and close-contacts\(^1\) ashore soonest
   a. Restrict contact with the rest of the crew/Operational Bench
   b. Test PUI
   c. If lab positive – isolate and treat
   d. If lab negative – provide medical treatment until clinically improved
      - If lab negative and clinically improved: they have no restrictions
      - If lab negative and do not improve: quarantine and re-test

b. If ROM is not onboard, provide PUI medical treatment until clinically improved
   a. Screen twice a day at a minimum
   b. If symptoms worsen, consult medical authorities regarding transfer to medical facility
   c. Re-evaluate to return to crew duties

**Identify, quarantine and screen close contacts\(^1\) of confirmed COVID case**

a. If onboard the ship, transfer ashore
   a. Screen member. Screening should at a minimum include a questionnaire to assess risk to exposure, temperature check, and visual check for signs and symptoms per CDC

b. Isolation for 14 days
   - Individuals cannot test out of isolation

c. If close contact becomes symptomatic – follow PUI protocol

d. Do not test persons after isolation period, they may be released if asymptomatic

Continue to evaluate PUI and close contacts => medical providers shall use PPE

a. Conduct twice daily screening => temperature checks & questionnaire
   - Evaluate for evidence of ILI

**GOAL is a COVID Free Crew but asymptomatic personnel will be present**

Day-to-day actions must assume COVID is present =>

Follow Prevention / Mitigation Frameworks
**Close Contact:** Individuals identified by the Medical Department Representative (MDR) as a) being within approximately 6 feet (2 meters) of a COVID-19 case for a prolonged period of time (>10 minutes); close contact can occur while caring for, living with, visiting, or sharing a health care waiting area or room with a COVID-19; or, b) having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on). Close contact is only considered during the COVID-19 case’s potentially infectious period, defined as from 48 hours prior to symptom onset (or positive test if asymptomatic) to time the case is placed in isolation.

Examples:
- Individuals in the positive Sailor’s berthing with a rack located above, below, and across the aisle or in the series of racks immediately forward and aft of the positive Sailor
- Other prolonged interactions identified by the MDR, e.g., galley, gym, smoking deck, chapel, etc.
- Present in the positive Sailor’s immediate workspace during infectious interval (weather deck an exception)

**High Risk Individual:**
- Smoking (due to immunity effects)
- Chronic lung disease or moderate to severe asthma
- Serious heart conditions including hypertension
- Immunocompromised (cancer treatment, HIV/AIDS, immunosuppressing medications)
- Severe obesity (BMI > 40)
- Diabetes
- Chronic kidney disease
- Liver disease
- 65 years or older